## STARTERS

CHEESE AND BACON POTATO SKINS © $₫ 7.00$
Bite－sized potato skins with cheese and smoky
bacon pieces with a choice of dip
346 kcal
SOUTHERN FRIED CHICKEN STRIPS
Boneless chicken fillets with a spicy southern
fried coating with a choice of dip
459 kcal
MOROCCAN CAULIFLOWER BITES（1）
Cauliflower florets in a Moroccan－style spiced crumb with a choice of dip 376 kcal

ONION RINGS ©
Freshly cooked whole onion rings in a
465 kcal
GARLIC ROMANA FLATBREAD WITH MOZZARELLA ©
Ourtraditional focaccia flatbread with a garlic 586kcal

## CHEESE NACHOS

Crisp mexican tortillas covered in melted cheese 827kcal

## BBQ CHICKEN WING

308kcal

JALAPEÑO POPPERS ©
Breaded green jalapeño peppers filled with
cream cheese with a choice of dip
288kcal
HALLOUMI FRIES（1）
Pro－coated halloumi fries with a choice of dip 770kcal

GARLIC ROMANA FLATBREAD
Our traditional focaccia flatbread with a Our traditional focac
garlic butter topping
$439 k c a l$

## VEGAN CHEESE NACHOS

Crisp mexican tortillas covered in melted vegan Crisp mexican tortillas covered in metted vegan
cheese with a spoonful of a dip of your choice 763kcal

## MAINS

## CURRIES

## CHICKEN TIKK <br> £14．00 <br> Tender chicken breast pieces in a classic <br> KERALAN CAULIFLOWER \＆ RED PEPPER VEGAN CURRY

reamy tikka sauce，served with long grain
rice and teardrop naan bread
O61kcal

## CLASSICS

CHICKEN PASTA


Afilet of chicken served on papardelle pasta in a heese and served with our garlic Romana flatbread 1338kcal

## RUMP STEAK

$£ 18.00$
Welsh rump steak，cooked to your liking，with mushroo
Served with your choice of potatoes and seasonal
324kcal

## BEEF LASAGNE

£14．00
Made with beef and bolognese and a cheesy béchamel sauce， ade with beef and bolognese and a cheesy becha vegetables 516kcal

VEGAN LASAGNE ©
A vegetable lasagne made with vegan pasta and
creamy sauce with a crumb topping and served with
your choice of potatoes and seasonal vegetables 421kcal
BATTERED ATLANTIC FISH \＆CHIPS
A cod fillet in a bubbly batter with tartare sauce
served with chips，mushy peas and a lemon wedge 865kcal

Cooked cauliflower and sliced red pepper in a Keralan－style coconut curry sauce，served wit 987kcal

CHICKEN AND BACON MELT A fillet of chicken breast topped with bacon and melted cheese，served with your choic of potatoes and seasonal vegetable 810kcal

## SIRIOIN STEAK

Welsh sirloin steak，cooked to your liking，with mu Served with your choice of potatoes and seasonal
vegetables．Add peppercorn sauce（ +50 kcal ）for $£ 2.50$ 497kal

MAC＇$N$＇CHEESE
A real favourite．Finest pasta in a rich mature A real favourite．Finest pasta in a rich mature
cheese sauce，sprinkled with grana padaro chees and served with our garlic Romana flatbread 1050kcal

VEGAN SHEPHERD＇S PIE（1）
Vegan shepherd＇s pie with bubble \＆squeak cakes served with your choice of potatoes and seasonal vegetables 404kcal

## FISH PIE

Salmon，smoked haddock，Alaskan pollock and Salmon，smoked haddock，Alaskan pollock and
prawns in a leek sauce，topped with mashed prawns in a leek sauce，topped with mashed
potato and breadcrumbs served with your choice of potatoes and seasonal vegetables 468kcal

## BURGERS

Served with chips and salad garnish
WELSH BURGER
A Welsh beef patty served in a
lightly toasted, floured bap with Welsh
cheese, tomato, lettuce and red onion
97lkcal
PENNANT CHICKEN BURGER
A chicken breast served in a
lightly toasted, floured bap with Welsh
802kcal
WELSH BACON BURGER
A Welsh beef patty with bacon served in a lightly toasted, floured bap with Welsh cheese, tomato, lettuce and red onion
1184kcal
PLANT-BASED BURGER ( 6
A plant-based burger served in a lightly
toasted, vegan bap with vegan cheese
tomato, lettuce and red onion
639 kca

## SALADS

Served with your choice of Anglesey sea salt crisps, spicy potato wedges or chips

## PENNANT SALAD

served with your choice of dressing.
Add either Welsh Rump Steak (142kcal), Chicken Fillet ( 330 kcal ) or Tuna (133kcal) for $£ 5$ 57lkcal

## FAJITAS

CHICKEN FILLET
$£ 15.00$
A chicken breast served on a bed of cajun-spiced vegetables presented on a sizzling skillet - served with soft, warm
tortillas, lettuce, guacamole, sour cream and tomato salsa 1060kcal

## WELSH RUMP STEAK

Welsh rump steak served on a bed of cajunspiced vegetables presented on a sizzling skillet - served with soft, warm tortillas, lettuce, uacamole, sour cream and tomato salsa 1013kcal

PORTOBELLO MUSHROOM
Sliced portobello mushrooms served on a bed of cajun-spiced vegetables presented on a sizzling
skillet - served with soft, warm tortillas, lettuce, guacamole, sour cream and tomato salsa 746kcal

CAESAR SALAD ©
resh crisp Romaine lettuce, anchovies and grated grana padano cheese with garlic ciabatta Caesar dressing.
Add either Chicken Fillet (330kcal)
r Tuna ( 133 kcal ) for $£ 5$
626kcal

SIDES All sides come with your choice of dip
CHIPS 317kcal £4.00 Freshly fried chips

SPICY JACKET WEDGES 345kcal
Freshly fried spicy jacket wedges
JALAPEÑO POPPERS 272kcal
Breaded green jalapeño peppers
MOROCCAN CAULIFLOWER BITES 376kcal
Cauliflower florets in a Moroccan
tyle spiced quinoa breadcrumb
ANKO-COATED HALLOUMI FRIES 470 kcal
£7.00
Grispy panko-coated halloumi strips
BATTERED ONION RINGS 450kcal
reshly cooked battered onion rings

DIPS, DRESSINGS AND SAUCES
BROWN SAUCE 60kcal (6) (1)
TOMATO SAUCE 75 kcal (®) (1) ©
GUACAMOLE 89kcal (1) (1) ©
CAESAR DRESSING 196kcal © BURGER SAUCE 129 kcal (1) © VEGAN BACON JAM 136kcal © (1) © MAYONNAISE $144 k c a l$ (1) © GARLIC MAYONNAISE 98kcal © © © VEGAN MAYONNAISE 303kcal (6) (1) © SOUR CREAM $12+k c a l$ (1) © SALSA 25 kcal (®) (1) © SWEET CHILLI 46kcal (6) (1) © TANGY BBQ 88kcal (®) (1) ©

## CRĖME BRÛLÉE

Classic crème brûlée with caramelise
ugar served with seasonal fruit
445 kcal
LEMON AND BLUEBERRY TART
Crisp, sweet pastry with a tangy lemon custard swirled
with a fruity blueberry filling and topped with a light sugar
brûlée finish. Served with cream and seasonal fruit
$454 k c a l$
CHOCOLATE TRUFFLE CAKE © ( ) ©
hocolate biscuit base with a rich chocolate truffle mouss
dispersed with cubes of chocolate brownie and topped
with sprinkles of chocolate crumb. Served with vegan
cream and seasonal fruit. Swap for dairy cream ( +45 kcal ) 450 kcal

APPLE CRUMBLE ©
ple fruit filling topped with crunchy
crumble and baked until golden brown. Served with vegan
cream. Swap for dairy cream ( +45 kcal ) or custard ( +2 kcal )
420 kcal
HOT PUDDING SELECTION
hoose from Chocolate Sponge Pudding (+413kcal) Strawberry Jam Sponge Pudding ( +408 kcal ) or custard (+ 98 kcal ) or cream ( +141 kcal )

WELSH ICE CREAM SELECTION
Choose any three scoops of ice cream from Chocolate
${ }^{(+198 k c a l), ~ S t r a w b e r r y ~(~}+193 \mathrm{kcal}$ ) or Vanilla a +193 kcal .
Served with a wafer and either chocolate ( +78 kcal )
or salted caramel ( +7 kcal) sauce

For more ifformation about the presence of allergens in all our dishes a
with us before, as our food ingrecients and specifications can change.
Fish and poultry products may contain bones and//r shell. We take great care to prevent cross-contamination when preparing your food, however, please be
aware that all our dishes are preared in kitchn when where all known allergens are present and ther is also a risk of allergen cross-contamination through shared

 All items are subject to availability and all prices are in GBP and include VAT at the prevaliing rate.

