

CLASSICS

BEEF CHILLI & RICE

284kcal

PENNANT BIG BRUNCH

£9.50

£10.00

£11.00

£11.00

BATTERED ATLANTIC FISH & CHIPS £16.00 A cod fillet in a bubbly batter served with chips

Two fried eggs, bacon, sausages, mushrooms, beans and tomato served with chips and either toasted white bread (+12kcal) or toasted wholemeal bread

(+12kcal), with spread (+38kcal) and your choice of tomato sauce (+38kcal) or brown sauce (+30kcal) 1045kcal

Beef mince, red kidney beans and peppers in a tomato sauce served with rice (+252kcal) or chips (+235kcal) with grated cheese

VEGAN CHILLI & RICE £13.00

A rich chilli with sweet red peppers, beans and aubergine served with rice (+252kcal) or chips (+235kcal) with grated vegan cheese 169kcal

and either garden (+77kcal) or mushy peas (+99kcal) with tartare sauce and a lemon wedge 865kcal

WELSH BEEF & BRAINS ALE PIE & MASH

£14.00

Chunks of Welsh beef cooked with onions, swede, carrots, mushrooms and Brains Ale with gravy. Served with mash (+197kcal) or chips (+235kcal) and garden peas (+77kcal) or mushy peas (+99kcal) 1476kcal

BURGERS

WELSH BURGER

Served with chips and salad garnish

A Welsh beef patty served in a lightly toasted, floured bap with Welsh cheese, tomato, lettuce and red onion

971kcal

A Welsh beef patty with bacon served in a lightly toasted, floured bap with Welsh cheese, tomato, lettuce and red onion

WELSH BACON BURGER

1184kcal

PENNANT CHICKEN BURGER

A chicken breast served in a lightly toasted, floured bap with Welsh cheese, tomato and lettuce

802kcal

PLANT-BASED BURGER

£12.00

£12.25

A plant-based burger served on a lightly toasted, vegan bap with vegan cheese, tomato, lettuce and red onion 639kcal

SANDWICHES

Served with salad garnish, your choice of sauce and Anglesey sea salt crisps. Choose from either a baguette or white/wholemeal bread (excluding Vegan option)

CLASSIC BLT 423kcal	£6.50	CHICKEN 540kcal	£7.90
A classic bacon, lettuce and tomato sandwich		Fillet of chicken, lettuce and tomato sandwich	
CHEESE SANDWICH 504kcal The quintessential sandwich with grated Welsh chee	£4.95	STEAK SANDWICH 352kcal Welsh Rump steak, cooked to your liking	£8.90
			64.05
TUNA MAYO 471 kcal A classic sandwich with tuna and mayonnaise	£4.95	HAM SANDWICH 269 kcal A classic sandwich with slices of gammon ham	£4.95
HOT TUNA MELT 550 kcal	£6.50	VEGAN CHICK'N & CHEESE MELT 588 kcal	ce eo

Tuna, cheese and tomato

Strips of our vegan Chick'n with melted vegan

cheese served on a baked vegan bun

SUNDAY LUNCH

£13.95

Book your table with our team today!

Served from 12pm to 4pm every Sunday

Choose from: Topside of Beef (+350kcal), Roasted Half Chicken (+748kcal) or Roast of the Day 917kcal

All roasts are served with Yorkshire Puddings (+244kcal), Roast Potatoes (+138kcal) or Mashed Potato (+130kcal), Seasonal Vegetables (+36kcal) and Gravy (+291kcal)

Add Horseradish (+171kcal) or Apple Sauce (+60kcal)

JACKETS 197kcal

£6.50

PANINIS 468kcal

£8.00

Served with salad garnish and Anglesey sea salt crisps

Choose one filling: Beans (+104kcal), Tuna (+111kcal), Chilli (+70kcal), Vegan Chilli (+5kcal), Cheese (+309kcal), Vegan Cheese (+224kcal)

Add Butter (+38kcal)

ADD ANY ADDITIONAL FILLING FOR £1.00

SALADS

Served with Anglesey Sea Salt crisps

PENNANT SALAD

£9.00

Fresh crisp lettuce, tomatoes, cucumber and bacon served with a choice of dressing 57 lkcal

Add for £5: Welsh Rump Steak (142kcal), Chicken Fillet (330kcal), Tuna (133kcal)

CAESAR SALAD £9

Fresh crisp Romaine lettuce, anchovies and grated grana padano cheese with garlic ciabatta croutons and Caesar dressing $626\,kcal$

Add for £5: Chicken Fillet (330kcal), Tuna (133kcal)

Served with salad garnish and Anglesey sea salt crisps

Choose two fillings: Ham (+59kcal), Tuna (+83kcal), Chicken (+165kcal), Bacon (+213kcal), Cheese (+309kcal), Onion (+20kcal), Tomato (+34kcal)

ADD ANY ADDITIONAL FILLING FOR £1.00

DIPS, DRESSINGS AND SAUCES

BROWN SAUCE 60kcal (9) (V)

TOMATO SAUCE 75kcal (9) (V) (GF)

GUACAMOLE 89kcal (19) (17)

CAESAR DRESSING 196kcal (V

BURGER SAUCE 129kcal (V) (GF)

VEGAN BACON JAM 136kcal (9) (9) (6F)

MAYONNAISE 144kcal (V) (F)

GARLIC MAYONNAISE 98kcal V @

VEGAN MAYONNAISE 303kcal (9) (V) (6F)

SOUR CREAM 124kcal (V) (GF)

SALSA 25kcal (1) (1) (F)

SWEET CHILLI 46kcal () () (F

TANGY BBQ 88kcal () (F

SIDES All sides come with your choice of dip

CHIPS 317kcal £4.00

Freshly fried chips

SPICY JACKET WEDGES 345kcal £4.00

Freshly fried spicy jacket wedges

JALAPEÑO POPPERS 272kcal £5.00

Green jalapeño peppers filled with cream cheese, breaded and fried

MOROCCAN CAULIFLOWER

BITES 376kcal £6.00

Cauliflower florets in a Moroccan-style spiced guinoa breadcrumb

PANKO-COATED

HALLOUMI FRIES 470kcal £6.00

Freshly cooked halloumi coated in a panko crumb

BATTERED ONION RINGS 450kcal £4.00

Whole onion rings coated in a crunchy batter

For more information about the presence of allergens in all our dishes and menus, please ask a member of our team before ordering, even if you have dined with us before, as our food ingredients and specifications can change.

Fish and poultry products may contain bones and/or shell. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also a risk of allergen cross-contamination through shared cooking equipment, e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. As we use other foods containing gluten in our kitchens, we cannot declare or guarantee that any of our dishes are gluten-free. Our menu descriptions do not list all ingredients; please advise the team of any dietary requirements when ordering. Our team cannot offer specific advice or recommendations beyond our published allergen communications.

All items are subject to availability and all prices are in GBP and include VAT at the prevailing rate.

