

SANDWICHES Served from 8am to 11am daily

BACON SANDWICH **£4.50**

Two rashers of back bacon served in either a lightly toasted, floured bap (+207kcal), toasted white bread (+24kcal) or toasted wholemeal bread (+23kcal) with your choice of ketchup (+38kcal) or brown sauce (+30kcal)

213kcal

EGG SANDWICH **£4.50**

Two freshly cracked eggs served in either a lightly toasted, floured bap (+207kcal), toasted white bread (+24kcal) or toasted wholemeal bread (+23kcal) with your choice of ketchup (+38kcal) or brown sauce (+30kcal)

127kcal

Add a hash brown to any sandwich for **£1.40** *133kcal*

SAUSAGE SANDWICH **£4.50**

Two British sausages served in either a lightly toasted, floured bap (+207kcal), toasted white bread (+24kcal) or toasted wholemeal bread (+23kcal) with your choice of ketchup (+38kcal) or brown sauce (+30kcal)

329kcal

BREAKFAST BURGER **£6.50**

British pork sausage, bacon slice, black pudding, mushroom and a freshly cracked egg served on a lightly toasted, floured bap served with a choice of ketchup (+38kcal) or brown sauce (+30kcal)

650kcal

TOAST AND PRESERVE **£2.50**

Two slices of white bread (+24kcal) or wholemeal bread (+23kcal), lightly toasted with spread (+38kcal) and your choice of strawberry jam (+97kcal), raspberry jam (+101kcal) or marmalade (+97kcal)

BREAKFAST CLASSICS Add a hot or cold drink for just **£1**

WELSH BREAKFAST **£9.00**

British sausage, back bacon, egg (fried, scrambled or poached), mushroom, black pudding, hash brown, beans and tomato served with either toasted white bread (+12kcal) or toasted wholemeal bread (+12kcal) with spread (+38kcal) and your choice of ketchup (+38kcal) or brown sauce (+30kcal)

713kcal

WELSH VEGETARIAN BREAKFAST **£9.00**

Two traditional, vegan Glamorgan sausages, egg (fried, scrambled or poached), mushrooms, hash brown, beans and tomato served with either toasted white bread (+12kcal) or toasted wholemeal bread (+12kcal) with spread (+38kcal) and your choice of ketchup (+38kcal) or brown sauce (+30kcal)

541kcal

LARGE WELSH BREAKFAST **£12.00**

Two British sausages, two back bacon, two eggs (fried, scrambled or poached), mushroom, black pudding, two hash browns, beans and tomato served with either two toasted white bread (+24kcal) or toasted wholemeal bread (+23kcal) with spread (+38kcal) and your choice of ketchup (+38kcal) or brown sauce (+30kcal)

946kcal

VEGAN BREAKFAST **£9**

Two traditional, vegan Glamorgan sausages, mushrooms, two hash browns, beans and tomato served with either toasted white bread (+12kcal) or toasted wholemeal bread (+12kcal) with spread (+38kcal) and your choice of ketchup (+38kcal) or brown sauce (+30kcal)

348kcal

LARGE WELSH VEGETARIAN BREAKFAST **£12.00**

Two traditional, vegan Glamorgan sausages, two eggs (fried, scrambled or poached), mushrooms, two hash browns, beans and tomato served with either toasted white bread (+24kcal) or toasted wholemeal bread (+23kcal) with spread (+38kcal) and your choice of ketchup (+38kcal) or brown sauce (+30kcal)

737kcal

Add any items to one of our breakfast specials for **£1.40**

Bacon (+107kcal), Sausage (+165kcal), Glamorgan Sausage (+101kcal), Egg (fried, poached or scrambled) (+63kcal), Beans (+104kcal), Mushrooms (+9kcal), Tomato (+75kcal), Black Pudding (+105kcal), Hash Brown (+133kcal), White Toast with Spread (50kcal) or Wholemeal Toast with Spread (+50kcal)



BREAKFAST SPECIALS

WAFFLE EGGS

£9.00

Two poached eggs on toasted waffles, spread with our locally-sourced sweet jam relish, served with a pot of hollandaise sauce. And your choice of bacon (213kcal), sausage (329kcal) or Glamorgan sausage (203kcal)
915kcal

DOUGHNUT AND WAFFLE STACK

£7.50

Waffles and a sugared doughnut served with vanilla ice cream, chocolate and salted caramel sauce and mini marshmallows
1385kcal

BERRY PANCAKES

£7.50

Fluffy butter pancakes served with chocolate sauce, maple syrup and seasonal fruits
536kcal

CHURRO LOLLIPOPS

£9.00

Warm churros served with chocolate and salted caramel sauce, hundreds & thousands and chocolate strands
892kcal

LIGHTER OPTIONS

An all-inclusive continental breakfast from a selection of items below

£6.95

CEREAL SELECTION

Choose from traditional cereal favourites: Weetabix (137kcal), Frosties (133kcal), Alpen (170kcal), Special K (138kcal), Crunchy Nut Cornflakes (42kcal), Corn Flakes (40kcal), Coco Pops (41kcal), Rice Krispies (41kcal)

All served with a bottle of semi-skimmed milk (78kcal)

Our continental breakfast will normally be served buffet-style from the bar. Occasionally, we will serve it directly to your table - please ask a team member for details.

PASTRY SELECTION

Choose from Double Chocolate, Toffee, Cherry Bakewell or Rainbow Muffins (+445kcal), Pain aux Chocolat (+252kcal), Pain aux Raisin (+321kcal), Cinnamon Swirl (+444kcal) or Butter Croissant (+213kcal)

YOGHURT SELECTION

Choose from our locally-sourced Welsh yoghurt selection: Strawberry (+94kcal), Raspberry (+95kcal) or Natural (+90kcal)

TO GO

BACON SANDWICH

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£4.50

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BREAKFAST BURGER

£6.50

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650kcal

Add a hash brown to any sandwich for **£1.40** *133kcal*

For more information about the presence of allergens in all our dishes and menus, please ask a member of our team before ordering, even if you have dined with us before, as our food ingredients and specifications can change.

Fish and poultry products may contain bones and/or shell. We take great care to prevent cross-contamination when preparing your food, however, please be aware that all our dishes are prepared in kitchens where all known allergens are present and there is also a risk of allergen cross-contamination through shared cooking equipment, e.g. fryers. Therefore, we cannot guarantee that any food item is completely free from allergens. As we use other foods containing gluten in our kitchens, we cannot declare or guarantee that any of our dishes are gluten-free. Our menu descriptions do not list all ingredients; please advise the team of any dietary requirements when ordering. Our team cannot offer specific advice or recommendations beyond our published allergen communications.

All items are subject to availability and all prices are in GBP and include VAT at the prevailing rate.